

Nutrition Facts



		Serving Size	Calories	Protein (g)	Carbohydrate (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Dietary Fiber (g)	Sugar (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Style	12" Flour Tortilla	1 ea	330	10	51	10	2.5	2.5	0	730	2	2	0	0	45	20
	12" Spinach Tortilla	1 ea	330	10	50	10	2.5	2.5	0	810	2	2	0	0	45	20
	12" Whole Wheat Tortilla	1 ea	370	11	57	11	3	2.5	0	570	4	1	0	0	35	20
	6" Corn Tortilla	1 ea	50	1	11	0	0	0	0	0	<1	0	0	0	0	0
	6" Flour Tortilla	1 ea	90	3	14	2.5	0.5	0.5	0	200	<1	0	0	0	10	6
	Crispy Taco Shells	1 ea	50	<1	7	2	<1	0	0	0	0	<1	0	0	<1	1
Rice	Cilantro Lime Rice	4 oz	170	3	32	3	0	0	0	360	0	0	0	0	0	6
	Traditional Spanish Rice	4 oz	180	3	29	6	0.5	0	0	570	0	<1	0	6	0	6
Beans	Charro Beans	5.5 oz	130	8	25	0.5	0	0	0	750	6	2	6	10	6	10
	Fat Free Refried Beans	5.5 oz	130	8	24	0	0	0	0	630	6	<1	0	4	4	10
	Black Beans	5.5 oz	210	14	37	1	0	0	0	430	14	2	0	0	4	20
Meat	Grilled Steak	4 oz	240	33	0	12	4.5	0	100	500	0	0	0	0	0	20
	Grilled Chicken	4 oz	220	38	<1	6	1	0	110	450	0	0	4	4	0	4
	Ground Beef	4 oz	190	14	3	14	5	1	55	470	<1	1	4	20	2	10
	Carne Guisada	4 oz	320	35	4	17	6	0	75	670	1	2	4	30	2	25
	Pulled Pork	4 oz	130	22	0	5	2.5	0	60	740	0	0	0	0	0	6
Cheese	Grated Cheese	1.5 oz	170	11	2	14	8	0	45	260	0	0	6	0	20	0
	Chili con Queso	2 oz	160	8	3	13	8	0	35	610	0	2	10	8	25	0
Salsa	Arriba! Red Salsa	1.5 oz	15	0	3	0	0	0	<1	188	<1	<1	6	15	1	<1
	Cilantro Ranch	1.5 oz	170	0	1	18	3	0	5	170	0	0	8	6	0	0
	Habanero Tomatillo	1.5 oz	15	0	3	0	0	0	0	140	0	0	2	15	0	0
	Fresh Pico de Gallo	2 oz	15	<1	3	0	0	0	0	110	<1	2	8	10	0	0
Load it	Diced Tomatoes	1 oz	5	0	1	0	0	0	0	0	0	4	4	6	0	0
	Sautéed Onions & Peppers	1.5 oz	25	0	3	1.5	0	0	0	25	<1	1	0	20	0	0
	Guacamole	3 oz	140	1	8	12	2	0	0	320	6	0	0	12	0	0
	Roasted Corn	1 oz	25	<1	5	0	0	0	0	0	<1	<1	0	4	0	0
	Shredded Lettuce	1.5 oz	5	<1	1	0	0	0	0	0	<1	<1	70	15	0	2
	Sour Cream	1 oz	60	<1	2	4.5	3.5	0	20	30	0	<1	4	0	4	0
	Jalapenos	1.5 oz	10	0	2	0	0	0	0	400	1	0	2	4	0	0
Extras	Just Chips	3 oz	290	2	28	18	2	0	0	230	2	1	0	0	2	4
	Chips & Queso	1 portion	550	15	33	39	15	0	57	1221	2	4	16	13	43	4
	Chips & Guacamole	1 portion	430	3	36	30	4	0	0	550	8	1	0	12	2	4
	Chips & Arriba! Red Salsa	1 portion	358	2	42	18	2	0	<1	1076	2	1	27	68	7	4
	Chips & Cilantro Ranch	1 portion	630	2	30	54	8	0	10	570	2	1	16	12	2	4
	Chips & Habanero Tomatillo	1 portion	320	2	34	18	2	0	0	510	2	1	4	30	2	4
Margaritas	Bull-Rita, Lime	15.5 oz	1060	0	90	0	0	0	0	0	0	88	0	0	2	0
	Bull-Rita, Mango	15.5 oz	1000	0	99	0	0	0	0	0	<1	96	0	10	2	0
	Bull-Rita, Pina Colada	15.5 oz	1040	<1	99	4.5	4	0	0	25	<1	97	0	8	4	0
	Bull-Rita, Strawberry	15.5 oz	1000	0	97	0	0	0	0	0	0	95	0	20	2	0
Lemonade	Lemonade, 16 oz	15.5 oz	270	0	71	0	0	0	0	10	0	71	0	0	0	0
	Lemonade, 24 oz	23.25 oz	400	<1	107	0	0	0	0	15	<1	106	0	0	0	0
Sweets	Vanilla Ice Cream & Cone	0.5 cup	110	0	24	2	2	0	0	80	0	16	0	0	0	0
	Chocolate Chip Cookie	1	230	3	29	12	6	0	15	160	<1	17	0	0	0	8

Nutritional content was calculated by Axya Systems. We may update this chart from time to time and acknowledge slight variations may occur in the final products due to seasonality, use of an alternative supplier, region of the country, and/or minor differences in product assembly.

Recommended limits for a 2,000 calorie daily diet are 20 grams of saturated fat and 2,300 milligrams of sodium. A 2,000 calorie daily diet is used as the basis for general nutrition advice. Your daily values may be higher or lower depending on your calorie needs.