

Nutrition Facts



Style	Serving Size	Calories	Protein (g)	Carbohydrate (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Dietary Fiber (g)	Sugar (g)	% Daily Value				
												Vitamin A	Vitamin C	Calcium	Iron	
Style	12" Flour Tortilla	1 ea	330	10	50	10	2.5	2.5	0	730	2	2	0	0	45	19
	12" Spinach Tortilla	1 ea	330	10	50	10	2.5	2.5	0	810	2	2	2	1	45	20
	12" Whole Wheat Tortilla	1 ea	370	11	57	11	3	2.5	0	570	4	1	0	0	35	20
	6" Corn Tortilla	1 ea	37	2	22	1	0	0	0	10	2	1	0	0	2	2
	6" Flour Tortilla	1 ea	90	2.7	14	2.5	0.5	0.5	0	200	<1	0	0	0	12	5
	Crispy Taco Shells	1 ea	50	<1	7	2	<1	0	0	0	<1	0	0	0	<1	1
Rice	Cilantro Lime Rice	4 oz	170	3	32	3	0	0	0	360	0	0	1	1	0	5
	Traditional Spanish Rice	4 oz	180	3	29	6	0.5	0	0	570	0	1	1	7	1	6
Beans	Charro Beans	5.5 oz	135	8	25	0.5	0	0	0	750	6	2	6	10	5	12
	Fat Free Refried Beans	5.5 oz	130	8	24	<1	0	0	0	630	6	<1	0	4	5	11
	Black Beans	5.5 oz	210	14	37	1	0	0	0	430	14	2	0	0	4	18
Meat	Grilled Steak	4 oz	240	33	0	12	4.5	0	100	500	0	0	0	0	1	21
	Grilled Chicken	4 oz	220	38	<1	6	1	0	110	450	0	0	5	3	1	5
	Ground Beef	4 oz	195	14	3	14	5	1	55	470	<1	1	4	20	3	12
	Carne Guisada	4 oz	320	35	4	17	6	0	75	670	1	2	4	30	2	25
	Pulled Pork	4 oz	130	22	0	5	2.5	0	60	740	0	0	0	0	0	6
Cheese	Grated Cheese	1.5 oz	170	11	2	14	8	0	45	260	0	0	6	0	20	0
	Chili con Queso	2 oz	160	8	3	13	8	0	35	610	0	2	10	8	25	0
Salsa	Arriba! Red Salsa	1.5 oz	15	0	3	0	0	0	<1	188	<1	<1	6	15	1	<1
	Cilantro Ranch	1.5 oz	170	0	1	18	3	0	5	170	0	0	9	6	1	1
	Habanero Tomatillo	1.5 oz	15	0	3	0	0	0	0	140	0	0	3	20	0	0
	Fresh Pico de Gallo	2 oz	15	<1	3	0	0	0	0	110	<1	2	7	10	1	1
Load it	Diced Tomatoes	1 oz	5	0	1	0	0	0	0	0	0	4	4	6	0	0
	Sautéed Onions & Peppers	1.5 oz	25	0	3	<1	0	0	0	25	<1	1	1	20	1	1
	Guacamole	3 oz	70	1	4	6	<1	6	0	158	3	0	1	6	1	1
	Roasted Corn	1 oz	25	<1	5	0	0	0	0	4	<1	<1	0	3	0	1
	Shredded Lettuce	1.5 oz	5	<1	1	0	0	0	0	0	<1	<1	70	15	1	2
	Sour Cream	1 oz	60	<1	2	4.5	3	0	20	30	0	<1	4	0	4	0
	Jalapenos	1.5 oz	10	0	2	0	0	0	0	400	1	0	2	4	0	0
Extras	Just Chips	3 oz	290	2	28	18	2	0	0	230	2	1	0	0	2	4
	Chips & Queso	1 portion	550	15	33	39	15	0	57	1221	2	4	16	13	43	4
	Chips & Guacamole	1 portion	430	3	36	30	4	0	0	550	8	1	0	12	2	4
	Chips & Arriba! Red Salsa	1 portion	358	2	42	18	2	0	<1	1076	2	1	27	68	7	4
	Chips & Cilantro Ranch	1 portion	630	2	30	54	8	0	10	570	2	1	16	12	2	4
	Chips & Habanero Tomatillo	1 portion	320	2	34	18	2	0	0	510	2	1	4	30	2	4
Margaritas	Bull-Rita, Lime	15.5 oz	1060	0	90	0	0	0	0	2	0	88	0	1	3	0
	Bull-Rita, Strawberry	15.5 oz	1000	0	97	0	0	0	0	<1	0	95	0	20	2	1
Lemonade	Lemonade, 16 oz	15.5 oz	270	0	71	0	0	0	0	10	0	71	0	0	1	0
	Lemonade, 24 oz	23.25 oz	400	<1	107	0	0	0	0	15	<1	106	0	0	1	0
Sweets	Vanilla Ice Cream & Cone	0.5 cup	110	0	24	2	2	0	0	80	0	16	0	0	0	0
	Chocolate Chip Cookie	1	230	3	29	12	6	0	15	160	<1	17	0	0	0	7

Nutritional content was calculated by Axxya Systems. We may update this chart from time to time and acknowledge slight variations may occur in the final products due to seasonality, use of an alternative supplier, region of the country, and/or minor differences in product assembly.

Recommended limits for a 2,000 calorie daily diet are 20 grams of saturated fat and 2,300 milligrams of sodium. A 2,000 calorie daily diet is used as the basis for general nutrition advice. Your daily values may be higher or lower depending on your calorie needs.



Allergen Info

		Wheat or Other Glutens	Soy	Milk	Egg	Peanuts	Fish
Style	12" Flour Tortilla	X	X	X			
	12" Spinach Tortilla	X					
	12" Whole Wheat Tortilla	X		X			
	6" Corn Tortilla						
	6" Flour Tortilla	X					
	Crispy Taco Shells		X				
Rice	Cilantro Lime Rice		X				
	Traditional Spanish Rice		X				
Beans	Charro Beans						
	Fat Free Refried Beans						
	Black Beans						
Meat	Grilled Steak	X	X				
	Grilled Chicken		X				
	Ground Beef						
	Carne Guisada						
	Pulled Pork						
Cheese	Grated Cheese			X	X		
	Chili con Queso			X	X		
Salsa	Arriba! Red Salsa						
	Cilantro Ranch	X	X		X		
	Habanero Tomatillo						
	Fresh Pico de Gallo						
Load it	Diced Tomatoes						
	Sautéed Onions & Peppers						
	Guacamole						
	Roasted Corn						
	Shredded Lettuce						
	Sour Cream			X			
	Jalapenos						
Extras	Just Chips		X				
	Tamales	X	X				
Breakfast	Egg		X		X		
	Potato		X				
	Sausage		X				
	Chorizo		X				
	Bacon		X				
Margarita	Bull-Rita						
Lemonade	Lemonade, 16 oz						
	Lemonade, 24 oz						
Sweets	Vanilla Ice Cream & Cone	X					
	Chocolate Chip Cookie	X	X	X	X		
	Karen's Cookies			X	X		

Cross contamination may occur — our kitchens do not operate in a 'gluten-free' environment." For example, soft corn tortillas and flour tortillas are heated on the same platform causing cross contamination; also, grilled chicken may come in contact with steak on the grill and/or cutting board.